

# AUTUMN 2021 WEEK ONE

6<sup>th</sup> Sept, 27<sup>th</sup> Sept, 18<sup>th</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
	Vegetable and bean fajitas with 50/50 rice, green beans and carrots.	Beef Burger and potato wedges, coleslaw and sweetcorn.	Roast chicken, stuffing, roast potatoes, gravy, cauliflower and broccoli.	Beef Lasagne with garlic bread and roasted mixed vegetables.	Fish fingers with chips, baked beans or peas
	Macaroni Cheese, green beans and carrots.	Sausage Hot Dog with potato wedges, coleslaw and sweetcorn.	Vegetable wellington, roast potatoes, gravy, cauliflower and broccoli.	Tomato and lentil pasta with garlic bread and roasted mixed vegetables.	Cheese and Tomato Pizza with chips, baked beans or peas
	Jacket potato and beans.	Jacket potato and cheese	Jacket potato and cheese	Jacket potato and beans	
	A variety of desserts.	A variety of desserts	A variety of desserts	A variety of desserts	A variety of desserts

## AUTUMN 2021 WEEK TWO 13<sup>th</sup> Sept, 4<sup>th</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
	Mexican bean roll with new potatoes, green beans and cauliflower.	Macaroni beef pasta bake, peppers and peas.	Roast turkey, roast potatoes, cabbage, carrots and gravy.	Mediterranean chicken stew with rice, sweetcorn and broccoli.	Fish fingers with chips, baked beans or peas.
	Vegetable tagine with couscous, green beans and cauliflower.	Roasted cauliflower curry with rice, peppers and peas.	Quorn roast, roast potatoes, cabbage, carrots and gravy.	Vegetarian Lasagne, sweetcorn and broccoli.	Cheese and tomato pizza with new potatoes, baked beans or peas.
	Jacket potato with cheese.	Jacket potato with beans.	Jacket potato with cheese	Jacket potato with beans	
	A variety of desserts	A variety of desserts	A variety of desserts	A variety of desserts	A variety of desserts

## AUTUMN 2021 WEEK THREE 20<sup>th</sup> Sept, 11<sup>th</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
	Vegetarian tortilla stack with rice, broccoli and sweetcorn.	Sausage roll with wedges, peas and carrots.	Roast chicken with roast potatoes, carrot and swede mash with gravy.	Chicken, lentil and gravy pie with mashed potato, green beans and cauliflower.	Fish fingers with chips, baked beans and peas
	Meatballs in tomato sauce with rice, broccoli and sweetcorn.	Shepherdess pie with gravy, peas and carrots.	Mixed vegetable loaf with roast potatoes, carrot and swede mash and gravy.	Wholemeal vegetable pasta bake, green beans and cauliflower.	Cheese and tomato pizza with chips, baked beans or peas.
	Jacket potato with beans.	Jacket potato with cheese	Jacket potato with cheese	Jacket potato with beans	
	A variety of desserts	A variety of desserts	A variety of desserts	A variety of desserts	A variety of desserts